

Laugier-Hunziker Syndrome

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Laugier-Hunziker syndrome (LHS) is rare macular hyperpigmentation of skin characterized by brownish-black spots on the oral mucosa, including lips associated with longitudinal melanonychia of nails. The hyperpigmentation occurs spontaneously and may progress slowly or remain stable. Laugier-Hunziker syndrome is considered to be a benign disease with no systemic manifestation or malignant potential, so it is essential to rule out other mucocutaneous pigmentary disorders that do require medical management. We report a 58 years hypertensive female on treatment for the past five years, admitted with acute mild pancreatitis gallstone related, incidentally found to have hyper pigmented macules on the lower lip and buccal mucosa [images A, B]. The patient also had pigmented longitudinal bands involving thumbnails and right big toenails [Images C, D]. Baseline investigations were normal. Upper gastrointestinal endoscopy and colonoscopy were normal.

The importance of recognizing LHS is to avoid unnecessary investigations and treatment.

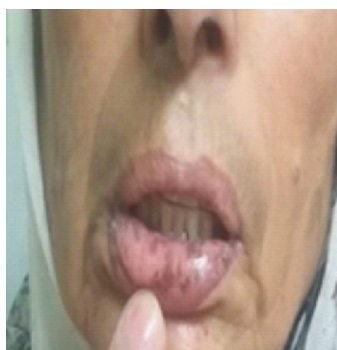
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(A)



(B)



(C)



(D)

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